

ANDERSON PERIODONTAL WELLNESS

SEDATION OPTIONS

Sedation	Type	Description	rAdvantages	Disadvantages
Oral Sedation (Triazolam)	Pill	LIGHT conscious sedation. Pill taken approximately 1 hour prior to dental appointment at the periodontal office	<ul style="list-style-type: none"> - Produces a very relaxed state (more than nitrous oxide) - Amnesia effect (partial or total) - Short recovery time - Similar effect to a sleeping pill - High degree of safety 	<ul style="list-style-type: none"> - Delayed onset (1 hour). Must come early to appointment (dispensed in office) - A responsible driver is required. - Fasting (food and liquids) required prior to procedure (6 hours) - Dose can NOT be titrated to an individual's needs. - Unable to predict the degree of the sedation. - Contraindications: Pregnancy, glaucoma, allergy to benzodiazepines
Intravenous Sedation ("Twilight Sedation")	IV liquid	MODERATE conscious sedation. Drug is inserted through a vein in arm or hand.	<ul style="list-style-type: none"> - Produces a state of DEEP relaxation - Rapid onset - Dose can be titrated to a level of individual needs - Amnesia effect (partial or total) - Deeper sedation than oral or inhalation - Reduced gag reflex - Pain control - High degree of safety 	<ul style="list-style-type: none"> - A responsible driver is required - Fasting (food and liquids) required prior to procedure (6 hours) - Contraindications: Pregnancy, glaucoma, allergy to benzodiazepines - Relative contraindication: impaired kidney or liver function, advanced age or sleep apnea.

The instructions below regarding your sedation appointment are very important to follow, please read and initial.

_____ **NO eating or drinking for 6 to 8 hours prior to your dental appointment.** However, 1 hour prior to treatment you can drink one (1) 10 oz. glass of water.

_____ Do not drink any alcoholic beverages or take certain medications for twelve (12) hours before and twenty-four (24) hours after the procedure.

_____ Wear loose fitting clothing, including an open neck and short sleeve upper garment. Nail polish **MUST** be removed.

_____ **Arrange for a responsible adult (No 3rd party drivers will be permitted, i.e.: Uber, Lyft, etc.) to drive home and stay with you until the effects of the sedation have worn off.** You WILL NOT be able to operate a motor vehicle or operate dangerous machinery on the day that you receive the sedation.

_____ After sedation it is advised that you are not responsible for the care of small children and will defer all responsible, complicated tasks or decisions requiring fine judgment for the remainder of the day.